## Do you want support with:



- Writing or revamping your C.V.
- Searching for Jobs online
- Filling in application forms
- Building your confidence

Or anything else related to getting a job?

### Work Clubs

are a friendly and free service, run by community organisations across Preston.

## Volunteering

opportunities available for more information please see contact details below.

To find out more contact Preston City Council Community Involvement Team

communityinvolvementteam@preston.gov.uk Tel: 01772 903404

#### WORK CLUBS IN PRESTON

Free Workclubs Across Preston

#### CAP Job Club Penwortham

Community Centre Kingsfold Drive Preston, PR1 9EQ

**THURSDAY** 

10:00am-12:30pm e: jobclub@kingschurchfm.org.uk t: 07542736095

#### INTACT 49 Whitby Avenue Ingol, Preston PR2 3YP

2:00pm-4:00pm t: 01772 760760

Contact your local Work Club Get help with:

- job searching
- making applications

FRIDAY

 interview techniques

And lots more!

Sahara Bilingual work club for women

48 Fishwick Parade Preston, PR1 4XQ

**10:00am-12:00pm** t: 01772 702090

#### Sahara

Bilingual Work Club for men & women Drop in 48 Fishwick Parade Preston, PR1 4XQ **10:00am-12:00pm** t: 01772 702090

**Preston Muslim Forum** Rear of 158 Castleton Road, Preston PR1 6QH

Monday to Thursday, 10.00am to 3.00pm by appointment only t: 01772 889431

# MON-FRI CLUBS

#### INSPIRA

to book a free appointment please call

0345 658 8647

WEDNESDAY

Pukar

PR1 3XP

**Disability Resource** 

Court, Preston,

1.00pm-3.00pm

t: 01772 822700

Centre, 3/5 Oakham